

## Welcome to our September Activity Guide!

### This month offers

- *Musical entertainment*
- *Guest speakers*
- *Outings*
- *Movies*
- *Special Events*

*See the calendar insert for complete details!*

### Inside this Issue

- Events & Speakers*
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- Clubs & Groups*
- Religious*
- Calendar*
- Photos*

### “Taylored” Thoughts for September

Swimming.

I don't know why this came to mind since Fall is upon us. I've recently been looking at some old family photos and swimming seemed to be the topic. What a glorious summertime event. As a young child, my dad would take my brother and I to Harlow Pond in Parkman. It was our version of a local swimming hole. A family friend had a cottage on the pond, but used it rarely in the summer. The dock was always available to us for swimming.

As a child, the water always seemed so warm. We never complained that it was too cold to go swimming. If Dad was willing to drive us, we were in the car. My little brother was about five at the time and I would have been about eleven. We could have lived in the water.

Dad always brought a jar of salt. Salt, you ask? Yes, because of the bloodsuckers that lived in the reeds near the shore in the shallow pond. And believe me, there were a LOT of them! After swimming, we would clamber onto the dock and Dad would pull off five or six leeches from each of us, toss them in the jar of salt, and back in we would go. What an awful thought that is to me today!

We never thought anything about it – it didn't seem strange or odd because Dad never made it seem strange. We weren't afraid of the leeches – it never occurred to us to be afraid. However, the thought of pulling leeches off me as a young adult kept me out of that pond from the time I was 14 years old! Many years later we held a family reunion at this very cottage on the pond and several of the children were swimming, and of course the leeches still lived there too! Did I swim that day?



No way, but I did have the salt ready!

*Juanita*

# September

## Special Events & Guest Speakers

### Discussion Series with Tom & Stan

“China Through the Eyes of a Mainer”  
Thursday September 1st at 7:15 pm  
(PMR)

### Polish Dinner & Social Hour

Thursday September 1st at 4:30 pm  
(Lobby)

### Tom Seymour Water Dowsing

Thursday September 1st—2:00 pm  
(PMR)

### S'mores Campfire

Tuesday September 6th at 7:00 pm  
(Patio)

### Harry Gratwick

*Mainers in the Civil War*

Thursday September 8th—7:15 pm  
(PMR)

### Matt McDade

From the Ronald McDonald House  
Monday September 12th at 7:15 pm  
(PMR)

### LOTS with Tom Watson

Wednesday September 14th at 7:15 pm (PMR)

### Maggie's BBQ

Thursday September 15th—12:00 pm

### Green Fire

Special Movie Presentation

Monday September 19th—7:15 pm  
(PMR)

### Variety Show

Tuesday September 20th—7:15 pm  
(KGP)

### David S. Cook

Above the Gravel Bar: The Native Canoe Routes of Maine

Thursday September 22nd—7:15 pm  
(PMR)

### Campfire for Alzheimer's

Fire Pies

Monday September 26th—7:00 pm  
(Patio)

### Dr. Mark McCollough

The U.S. Fish and Wildlife Service

Thursday September 29th—7:15 pm  
(PMR)

# September

## Musical Events

### Joe Weisheit—Piano

Friday September 2nd—2:00 pm (A)

### Julie Monroe—Guitar

Monday August 5th—12:00 pm (M)

### Sam Coltart—Sax

Thursday September 8th—2:00 pm (A)

### Judy Faust—Harp

Thursday September 8th—12:00pm (M)

### Two for Tea

Tuesday September 13th—7:15pm (KGP)

### Nancy Carson—Karaoke

Wednesday September 14th—2:00pm (A)

### Chuck & Steph

Thursday September 15th—7:15pm (KGP)

### Song & Dance with Theresa

Friday September 16th—2:30 pm (Arbor)

### Fran & Dave Sing Along

Monday September 19th—12:00pm (M)

### Dennis McGuire—One Man Band

Wednesday September 21st—2:00pm (A)

### Bill Roy

Thursday September 22nd—10:30am (A)

### Jerry & Friends (piano & singing)

Friday September 23rd—3:30 pm (Arbor)

### Nostalgia Music with Ed

Monday September 26th—Noon  
(Meadowbrook)

### North Country Strings

Tuesday September 27th—7:15 pm (KGP)

### Gena Churchill —Accordion

Friday July 30th—2:00 pm (KGP)

### Songsters

Tuesdays, 3:30 (PMR)

Jerry, Terry, and the Songsters meet every

Tuesday.

# September

## September "People's Choice" Movies



### Lawrence of Arabia

1962 - PG - 227 minutes

**Saturday, September 3, 7:15 (PMR)**

Director David Lean's Oscar-winning epic tells the true-life story of British warrior-poet T.E. Lawrence (Peter O'Toole), who helped unite warring Arab tribes so they could strike back against the Turks in World War I. Lushly filmed and expertly acted, this timeless classic underscores the clash between cultures -- and within one man -- that changed the tide of war. Alec Guinness and Anthony Quinn co-star.

### Oklahoma!

1955 - G - 145 minutes

**Wednesday, September 7, 7:15 (PMR)**

During Oklahoma's freewheeling territorial days, coquettish Laurey Williams (Shirley Jones) falls for good-natured cowboy Curly McLain (Gordon MacRae). Unfortunately, she also provokes the unwanted affections of brooding hired hand Jud Fry (Rod Steiger). Classic Rodgers and Hammerstein songs abound in this Academy Award-winning musical from director Fred Zinnemann that was adapted for the big screen after a successful Broadway run.

### City Island

2009 - PG13 - 100 minutes

**Saturday, September 10, 7:15 (PMR)**

When he recognizes his son, Tony (Steven Strait), whom he hasn't seen in more than 20 years, among a crop of new inmates in the jail where he works, Vince Rizzo (Andy Garcia) decides to bring the troubled young man home with him, much to the surprise of his wife and kids. Writer-director Raymond De Felitta helms by this offbeat comedy that also stars Julianna Margulies, Emily Mortimer, Dominik Garcia-Lorido and Alan Arkin.

### Morning Glory

2010 - PG13 - 107 minutes

**Saturday, September 17, 7:15 (PMR)**

Whiz-kid producer Becky Fuller (Rachel McAdams) finds her abilities put to the test when she's charged with bringing a network morning show back from ratings purgatory. Her first job: getting the show's feuding, acid-tongued co-hosts (Harrison Ford and Diane Keaton) under control. Jeff Goldblum co-stars as Fuller's network-exec boss and Patrick Wilson is Becky's put-upon boyfriend in this comedy from the writer of *The Devil Wears Prada*.

### The Rat Pack

1998 - R - 120 minutes

**Wednesday, September 21, 7:15 (PMR)**

Focusing on the time frame surrounding the 1960 presidential election, this entertaining, made-for-cable biopic dramatizes the inner workings of the famed Rat Pack led by crooner Frank Sinatra (Ray Liotta). The film looks at the group's camaraderie, their often tumultuous private lives and their connections to the mob and to the Kennedys. Joe Mantegna turns in a fine performance in the role of Dean Martin, as does Don Cheadle as Sammy Davis Jr.

### Gene Autry: Indian Territory

1950 - NR - 70 minutes

**Saturday, September 24, 7:15 (PMR)**

It's America's favorite singing cowboy (Gene Autry) sans cowboy garb, as he dons cavalry blues and pursues renegade Apaches when they raid homesteaders in this rip-roarin' Western. Seems the Apache Kid and gun runner Curt Raulder have been inciting the Indians to make war so that the conniving duo can create their own frontier empire in America. Pat Buttram co-stars.

### Babies

2010 - PG - 79 minutes

**Wednesday, September 28, 7:15 (PMR)**

Documentary filmmaker Thomas Balmes charts the simultaneous early development of four babies from different parts of the world, illustrating what makes human life unique, similar and precious wherever it occurs. Training his camera on newborns Hattie from San Francisco, Ponijao from Namibia, Bayarjargal from Mongolia and Mari from Tokyo, Balmes captures everything from first screaming breaths to first steps.

### Weekly Exercise Classes (PMR)

Every Monday, Wednesday, & Friday

All classes are at 10:00

Exercise classes are held three times a week for all who are concerned about maintaining optimum health. These include stretching and balance exercises, both necessary to help keep the body in good working condition.

### Sittercise

Monday, Wednesday, & Friday 10:30

In the Kenduskeag Gathering Place

If gentle exercise is right for you, join this sitting-down class, led by Dirigo Pines staff.

### Line Dancing

Every Thursday at 10:00 in the KGP



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### Couponing

Wednesday September 14th & 28th (KK)

### VIOLA—Alterations

Tuesday September 6th & 20th —10:00 a.m.  
See Jean for Location

### Organizer Days

Tuesday September 13th & Tuesday September 20th (Social Room)

### Hearing Center (VDO)

September 7th at 2:30

### Pearle Vision (VDO)



September 22nd — 3:00 pm

### Social Hour

Every Wednesday at 4:30 pm (Lobby)

### Jean Day

Wednesday September 7th

### AARP Driving Class

Tuesday September 27th from 9:00 am to 4:00 pm (PMR)

### Watercolor Class

Starts Friday September 16th and continues every Friday for 10 weeks. 2:30pm to 4:30pm (PMR)

### Out to Lunch Bunch

Friday September 16th -Leaving at  
11:15  
Bugaboo Creek

### Sadie's Book Club

Thursday September 15th at 2:00  
(library)  
"My Life and Hard Times"

### Garden Club

Suspended, see Amanda with any  
questions

### Cribbage Club

Every other Thursday at 3:00  
September 1st, 15th 29th (PP)

### Library Committee

1st Thursday—September 1st  
3:30 p.m. (Library)

### Scrabble Group

Every Tuesday at 1:30 (GR) Do you like  
friendly word games? Join this group!

### Writing Group

September 14th and 28th—1:30 p.m  
Garden Room

### Bridge Club

Wednesdays, 3:00 (PP)  
All Bridge players are welcome at this  
Wednesday afternoon group.

### Mahjong Club

Mondays, 1:30 (PP) and Fridays 2:00  
(PP)  
This is an incredibly fun game and easy  
to learn. Come let the residents teach  
you!

### Resident Meetings

Wednesday September 14th—1:30  
Penobscot

Wednesday September 21st—1:30  
Kenduskeag

# September

## September Religious Services

*Van departs for Church Services in the local area every Sunday at 9:45*

**Rabbi Darah R. Lerner—**  
**September 9th, at 2:00**

“Questions you are Asked in Heaven” (PMR)

**Catholic Communion every**  
**Sunday at 10:00**

Catholic Communion Service is offered in the Social Room every Sunday at 10:00 am

**2nd Sunday Service —**  
**September 11th, at 2:00**

Bill Fink, Inter Church Ministries (Arbor)

**3rd Sunday Service —**  
**September 18th, at 2:00**

Pastor Dave Natale, Faith Baptist Church (Arbor)

**4th Sunday Service —**  
**September 25th, at 2:00**

Bill Fink, Inter Church Ministries (Arbor)

**Bible Study —**  
**Every Monday - 3:30 (PP)**

Rev Lorna Grenfell, Church of Universal Fellowship

**Bible Study and Hymn Sing**  
**Tuesdays, 6:00 pm**

Pastor David Natale (Arbor)

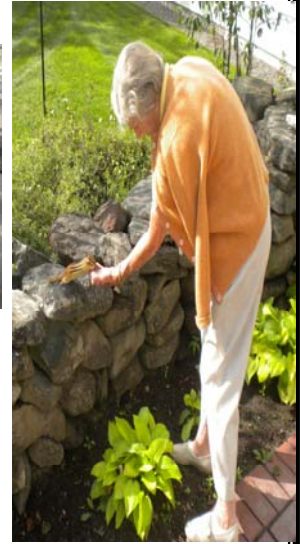
Further information on the abbreviations in the Activity Guide:

- GR - Garden Room
- PMR - Penobscot Media Room
- KGP - Kenduskeag Gathering Place
- L - Library
- L & L - Lounge & Lobby
- MDR - Penobscot Main Dining Room
- KCK - Kenduskeag Country Kitchen
- KLR - Kenduskeag Living Room
- PP - Penobscot Parlor (Social Room next to library)
- A - Arbor
- M - Meadowbrook Living Room
- VDO - Visiting Doctor's Office

**Looking Ahead.....  
to October!**

# SEPTEMBER PHOTO GALLERY

Wiggles The Butterfly



Anna and her friend  
the chipmunk



Hot Dog Roast Campfire



Dog Bags Donated to the  
Bangor Humane Society



Arbor's Lobster Festival



Jesse The Lobster Dog