

## Welcome to our December Activity Guide!

### This month offers

- *Musical entertainment*
- *Guest speakers*
- *Outings*
- *Movies*
- *Special Events*

*See the calendar insert for complete details!*

### Inside this Issue

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### “Taylored” Thoughts for December

With the holidays approaching, it seems that I anticipate the season with both joy and at times, sadness. Some holiday memories can be painful when thinking about the loss of loved ones. This is when we acknowledge the past and look toward the future. Life brings changes. Every season of life is different and this year I am instituting an attitude of gratitude that I am calling “**Thank Therapy**”.

Thank Therapy will help me focus on the many things in life for which I can be thankful; such as:

I have food in the refrigerator, clothes on my back and a brand new roof over my head at home!

I have a warm bed to sleep in and enough money in spare change to hit McDonalds for lunch.

I have good health, good friends and a wonderful family.

I have wonderful pets that never cease to provide love and entertainment.

I have the ability to connect with my nieces and nephew across the country through Facebook!

I have the best co-workers anyone could ask for.

I have a marvelous job that brings me happiness and joy every day.

Thank you all for being a part of my life.

Happy holidays.

*Juanita*

**Eddie Adelman**  
**“Tell Your Life Story”**

*A great informative program*

**Thursday December 1st —7:15 pm**  
**(PMR)**

**Sweet Adelines & Good Time**  
**Sound**

*A great double concert!*

**Friday December 2nd—7:15 (KGP)**

**Dirigo Pines Tree Lighting**  
**On the Patio**

*Hot chocolate and caroling*

**Monday December 5th—4:30**

**LOTS with Tom Watson**  
**(Looking Over Theatres’ Shoulder)**  
*“Paul Newman—Inside the Actor’s  
Studio”*

**Tuesday December 6th—7:15 pm**  
**(PMR)**

**Vincent Hartgen Reception**

*Art Show and Sale*  
*Patron Reception Begins at 1:00pm*  
*Show is from 2:00 pm to 5:00 pm*  
**Saturday December 10th (KGP)**

**Philosophy Across the Ages**

*With UMaine students*  
**Monday December 12th—7:00 pm**  
**(Library)**

**Children’s Piano Recital**

*Teacher Ann Forsing & her students*  
*ages 4 to 12*

**Tuesday December 13th—4:00 pm**  
**(KGP)**

**Christmas Light Tour**

*The bus will leave at 6:45 pm*  
**Wednesday December 14th (Lobby)**

**Opera Night with Tom Watson**

**Wednesday December 14th — 7:15 pm**  
**(PMR)**

**Mount View Chamber Singers**

*Students from Mount View High School*  
**Thursday December 15th— 3:30 pm**  
**(KGP)**

**Special Movie Night**

*John Briggs Aspects of Yorkshire*  
**Monday December 19th— 7:15 pm**  
**(PMR)**

**Variety Show!**

*Holiday Edition! Come join the fun!*  
**Tuesday December 22nd—7:15 pm**  
**(KGP)**

# December

## Musical Events

### **Joe Weisheit—Piano**

Friday December 2nd—12:00 Noon  
(Meadowbrook)

### **Julie Monroe—Guitar**

Monday December 5th & Wednesday  
December 14th—12:30(Meadowbrook)

### **Brian McLellon**

Wednesday December 7th– 2:00 pm (Arbor)

### **Judy Faust—Harp**

Thursday December 8th– Noon  
(Meadowbrook)

### **Clayton Rogers**

Monday December 12th—Noon  
(Meadowbrook) & 2:00 pm (KGP)

### **Dave Fisher –Holiday Music**

Tuesday December 13th—7:15 pm (KGP)

### **Nancy Carson—Karaoke**

Wednesday December 14th—2:00 (Arbor)

### **Dave Demers Ballroom Piano**

Thursday December 15th—7:15 pm (KGP)

### **Song & Dance with Theresa**

Friday December 16th—2:30 pm (Arbor)

### **New Renaissance Singers**

Friday December 16th—7:15 pm (KGP)

### **Fran & Dave Sing Along**

Monday December 19th—Noon  
(Meadowbrook)

### **Two for Tea Music**

Tuesday December 20th—7:15 pm (KGP)

### **Mr. Music!**

Wednesday December 21st - 3:30 pm (Arbor)

### **Jerry & Friends (Piano & Singing)**

Friday December 23rd—3:30 pm (Arbor)

### **Nostalgia Music with Ed**

Monday December 26th—Noon  
(Meadowbrook)

### **Duane Nickerson**

Wednesday December 28th—2:00 pm (Arbor)

### **Gena Churchill**

Friday December 30th—2:00 pm (Arbor)

### **Songsters**

Tuesdays, 3:30 (PMR)

Jerry, Terry, and the Songsters meet the first four  
Tuesdays every month.

# December

## December "People's Choice" Movies



### A Few Good Men

1992 – R – 138 minutes

**Saturday, December 3, 7:15 (PMR)**

When cocky military lawyer Lt. Daniel Kaffee (Tom Cruise) and his co-counsel, Lt. Cmdr. JoAnne Galloway (Demi Moore), are assigned to a murder case, they uncover a hazing ritual that could implicate high-ranking officials such as shady Col. Nathan Jessep (Jack Nicholson). Director Rob Reiner's probing drama earned four Oscar nominations, and Nicholson's line, "You want the truth? You can't handle the truth!" became a 1990s catchphrase.

### Butch Cassidy and the Sundance Kid

1969 – PG – 110 Minutes

**Wednesday, December 7, 7:15 (PMR)**

Legendary outlaws Butch Cassidy (Paul Newman) and the Sundance Kid (Robert Redford) display their gifts for perfect comedic timing and charisma as they pull off heist after heist in this Academy Award-winning film from director George Roy Hill. To evade a relentless posse, the boys flee to Bolivia, thinking they'll find easier pickings there. But trouble finds the charming desperadoes wherever they go, prompting yet another run.

### The Ladykillers

2004 – R – 104 minutes

**Saturday, December 10, 7:15 (PMR)**

A Southern professor-turned-criminal-mastermind (Tom Hanks) puts together a group of thieves to help him rob a New Orleans riverboat casino. But when the old lady who's renting them a room gets a whiff of their plan, they have no choice but to kill her. Easier said than done! Marlon Wayans and Irma P. Hall co-star in this comedy caper from the Coen brothers, a remake of the 1955 film starring Alec Guinness and Peter Sellers.

### The Philadelphia Story

1940 – NR – 112 minutes

**Saturday, December 17, 7:15 (PMR)**

Socialite Tracy Lord (Katharine Hepburn) prepares to remarry, but her ex (Cary Grant) and a tabloid reporter (Best Supporting Actor Oscar-winner James Stewart) have other ideas as they converge on her home for a fateful visit. The three stars form an incomparable trio in one of the most tantalizing screwball romances ever. And under the direction of George Cukor, this once-urbane Broadway comedy springs to life with precision and wit.

### Lady Killer

1933 – NR – 76 minutes

**Wednesday, December 21, 7:15 (PMR)**

James Cagney stars in this classic tale of crime and showbiz. After a theater usher (Cagney) loses his job, he finds his true calling as a crook. But when the police start to close in, he escapes to Los Angeles and stumbles into the movie business. Going straight, he's also surprised to find himself shooting straight to the top. But will he stick to the rules when his former associates come knocking, threatening blackmail?

### Gene Autry Collection: Wagon Team

1952 – NR – 62 minutes

**Saturday, December 24, 7:15 (PMR)**

Gene Autry is back in the saddle again as an undercover detective in this action-packed Western complete with a showdown. Gene poses as a jailbird to wangle the truth from a boy (Dick Jones) suspected of stealing an Army payroll. When the youngster escapes from lockup and rejoins his family's medicine show, intrigue is in the wind as Gene tries to solve the mystery of the missing money and to save the lad from a vicious mob. Pat Buttram co-stars.

### High Noon

1952 – NR – 85 minutes

**Wednesday, December 28, 7:15 (PMR)**

Retiring Marshal Will Kane (Gary Cooper) insists on defending his town from a gang of hooligans who are due on the noon train -- but he faces the task alone as the cowardly townspeople flee like rats from a sinking ship. Director Fred Zinnemann creates an incredibly tense Western (rightly considered one of the true genre classics) that unfurls in real time -- as the clocks on the wall constantly remind us. Grace Kelly and Lloyd Bridges co-star.

### Hidden Hawaii: IMAX

1991 – NR – 35 minutes

**Saturday, December 31, 7:15 (PMR)**

This is not your garden-variety vacation package! Using cameras that seem to soar and swoop, the IMAX crew forays into the lush expanse of America's 50th state. Watch as kayakers brave chancy waves then traverse a 3,000-foot cliff to pollinate a rare flower. From aerial shots of molten riverbeds to the jagged peaks of volcanic craters, few photo opportunities are overlooked.

### Weekly Exercise Classes (PMR)

Every Monday, Wednesday, & Friday

All classes are at 10:00

Exercise classes are held three times a week for all who are concerned about maintaining optimum health. These include stretching and balance exercises, both necessary to help keep the body in good working condition.

### Sittercise

Monday, Wednesday, & Friday 10:30

In the Kenduskeag Gathering Place

If gentle exercise is right for you, join this sitting-down class, led by Dirigo Pines staff.

### Line Dancing

Every Thursday at 10:00 in the KGP



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### VIOLA—Alterations

Tuesday December 13th & 27th—10:00  
a.m.

See Jean for Location

### Growing Stronger

Thursdays, Starting December 1st at 9:30  
(KGP)

New Exercise Class

### Hearing Center (VDO)

December 14th at 2:30

### Pearle Vision (VDO)



No December date

### Bella, Therapy Dog

Thursday December 1st—10:00 am  
(Kenduskeag)

### Organizer Days with Sandy Imondi

1st & 3rd Tuesdays, December 6th & 20th (PP)

### Social Hour

Every Wednesday at 4:30 pm (Lobby)

### Couponing for the Troops

2nd & 4th Wednesdays. December 14th &  
28th at 1:30 pm (KK)

### Jean Day

Wednesday December 7th  
Pay \$3.00 as a donation to the Walk to End  
Alzheimer's

### Watercolor Class

Friday December 2nd at 2:30 pm (PMR)

# December

## December Book Clubs & Groups

### Library Committee

1st Thursday—December 1st  
3:30 p.m. (Library)

### Rummikub

Every Sunday at 1:30 pm (PP)



### Out to Lunch Bunch

Friday December 16th -  
Leaving at 11:15  
*Fresh Ginger*

### Cribbage Club

Every other Thursday at 2:30  
December 8th & 22nd (PP)

### Scrabble Group

Every Tuesday at 1:30 (GR) Do you like friendly word games? Join this group!



### Writing Group

December 7th & 21st—1:30 p.m.  
Garden Room

### Bridge Club

Wednesdays, 2:30 (PP)  
All Bridge players are  
welcome at this  
Wednesday afternoon  
group.



### Mahjong Club

Mondays at 1:30 (PP) and Fridays at 2:00  
(PP). This is an incredibly fun game and  
easy to learn. Come let the residents  
teach you!

### Resident Council Meetings

#### **Penobscot**

Wednesday December 14th — 1:30 pm  
(PMR)

#### **Kenduskeag**

Wednesday December 21st — 1:30 pm  
(KK)

# December

## December Religious Services

*Van departs for Church Services in the local area every Sunday at 9:45*

### Catholic Communion

Every Thursday, 9:30  
With Joann Hall (**Social Room**)

### 1st Sunday Service December 4th, at 2:00

Rev. Lorna Grenfell,  
Church of Universal Fellowship (**Arbor**)

### 2nd Sunday Service – December 11th, at 2:00

Bill Fink, Inter Church Ministries  
(**Arbor**)

### Catholic Mass with Father Bill

Second Monday each month  
December 12th at 9:00 am (**PMR**)

Further information on the abbreviations in  
the Activity Guide:

GR - Garden Room  
PMR - Penobscot Media Room  
KGP - Kenduskeag Gathering Place  
L - Library  
L & L - Lounge & Lobby  
MDR - Penobscot Main Dining  
Room  
KCK - Kenduskeag Country Kitchen  
KLR - Kenduskeag Living Room  
PP - Penobscot Parlor (Social  
Room next to library)  
A - Arbor  
M - Meadowbrook Living Room  
VDO - Visiting Doctor's Office

### 3rd Sunday Service – December 18th, at 2:00

Pastor Dave Natale, Faith Baptist Church  
(**Arbor**)

### 4th Sunday Service - December 25th, at 2:00

Bill Fink, Inter Church Ministries (**Arbor**)

### Bible Study - Every Monday - 3:30 (PP)

Rev Lorna Grenfell, Church of  
Universal Fellowship

### Bible Study and Hymn Sing Tuesdays, 6:00 pm

Pastor David Natale (**Arbor**)

**Looking Ahead.....  
to January!**

**Loveworks Entertainment**

**Colin Graebert Jazz**

**Danielle D'Auria—the Great  
Blue Heron**

**Greg Zielinski**

## DECEMBER PHOTO GALLERY

### Veteran's Day Lobby Party!



**Halloween Costume Contest!**  
Above are the Contest  
Winners Lorraine  
Bloodsworth & Judy  
Commeau!

