

Welcome to our April Activity Guide!

This month offers

- *Musical entertainment*
- *Guest speakers*
- *Outings*
- *Movies*
- *Special Events*

See the calendar insert for complete details!

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“Taylored” Thoughts for April

Plastic bags. Something simple used for packaging breads, rice cakes, and other store items. I throw them away every day. I didn't when I was a child, however. Every bag was meticulously washed and hung up to dry, by my mother of course. She recycled before there was a recycling movement. Anything that could be used again, was absolutely used again. Sandwiches for school were packed in these used bread bags and I can't tell you how I hated that!

Bar soap. All the little bits of left over bar soap were placed in a plastic container and my mother and aunt routinely would add ingredients to this, somehow melt it down and re-form it into funny looking “new” bars of soap. They would cut them by hand and wrap the bars in wax paper for storage. They worked just fine, but as a child I wondered why they would go to all that trouble when they could simply buy a new bar of soap at the store?

Aluminum foil was used as many times as possible, as long as she could keep it clean. To cover bowls, to wrap a sandwich, to wrap cookies for Dad's lunch pail, and on and on.

Of course, my mother and aunt were both very smart, but I never appreciated that as a child. They used their resources wisely, even when there might have been an inclination to be wasteful, they never were. I don't save bread bags and wash them or save bits of bar soap, but I do try to use my resources and recycle. It is absolutely amazing to me how much a weeks' worth of the Bangor Daily weighs, and how quickly I can fill my recycling bin with newspapers! I also recycle glass, cans (with four cans of cat food each day, the bags fill up quickly!), plastic, plastic bags and of course, return my bottles. Is it the right thing to do? Of course. It isn't hard – the city picks up the bin each week. It took a little more effort when I lived in Dexter as you had to take it to the recycling center yourself, as there was no town pick up service.

Even though I don't wash the plastic bread bags, I think Mom would think I'm doing okay. Even I have been known to re-use a piece of aluminum foil! Think of you every time when I do that, Mom.

Juanita

April

Special Events & Guest Speakers

Attorney Jennifer Eastman

“Building an Estate Plan”
Monday
April 4th—7:15 (PMR)

LOTS with Tom Watson
(Looking Over Theatres’ Shoulder)
“Some Enchanted Evening”

Tuesday April 5th—7:15 pm (PMR)

Discussion Series with Tom & Stan

“Ami Ayalon in Chicago: North Shore
Congregation Israel”
Thursday April 7th—7:15 (PMR)

Kathy Bernier, Exec Director

“Hammond Street Senior Ctr –what
does it have to offer?”
Thursday April 7th—2:00 (PMR)

Author Neil Rolde

“The Interrupted Forest—A History of
Maine’s Wildlands”
Monday April 11th—7:15 pm (PMR)

Sebastian P. Van der Plunk

“Banjo delight!”
Tuesday April 12th—7:15 pm (KGP)

The Lobster Institute

“A History of the Lobster Industry”
Thursday April 14th—7:15 pm
(PMR)

Scott Hall

“Seabird Restoration”
Tuesday April 19th—7:15 pm (PMR)

Back Porch Blue Grass

“blue grass at it’s best”
Thursday April 21st—7:15 pm (KGP)

Donna Loring

“In the Shadow of the Eagle”
Tuesday April 26th—7:15 pm (PMR)

Maine State Archivist

“”
Thursday April 28th—7:15 pm
(PMR)

Out to Lunch Bunch

Ichiban
Friday April 22nd
Bus Leaves at 11:15

Resident Meetings

Wednesday April 13th—1:30
Penobscot

Wednesday April 20th—1:30
Kenduskeag

April

Musical Events

Joe Weisheit—piano

Friday April 1st — 2:00 pm (KGP)

Julie Monroe—guitar

Monday April 4th—Noon—(Meadowbrook)

Brian McLennon—guitar

Wednesday April 6th—2:00 pm (Arbor)

Opera Night with Tom Watson

No Opera This Month

Clayton Rogers—Piano

Monday April 11th—Noon (Meadowbrook)

Monday April 11th—2:00 p.m. (KGP)

Nancy Carson—karaoke

Wednesday April 13th—2:00 (Arbor)

Judy Faust—Harp

Thursday April 14th– Noon—(Meadowbrook)

Song & Dance with Theresa (Karaoke)

Friday April 15th -2:30 p.m. (Arbor)

Ginger Hwalek Piano Students

Sunday April 17th—3:00 pm (KGP)

Fran & Dave—(Folk Singers)

Monday April 18th—Noon- (Meadowbrook)

Duane Nickerson—guitar

Wednesday April 20th—2:00 pm (Arbor)

Jerry & Friends (piano & singing)

Friday April 22nd—3:30 pm (Arbor)

Two for Tea, Music

Friday April 22nd—7:15 (KGP)

Ed & Kathy—Nostalgia Music

Monday April 25th—Noon (Meadowbrook)

VELMA Band!

“a great local band”

Monday April 25th—7:15 pm (PMR)

Fran & Dave—(Folk Singers)

Wednesday April 27th—2:00 pm (Arbor)

Bill Roy—Guitar

Thursday April 28th—10:30 am (Arbor)

Gena Churchill—accordion

Friday April 29th 2:00 pm (Arbor)

Songsters

Tuesdays, 3:30 (PMR)

April

April "People's Choice" Movies



Driving Miss Daisy

1989 - PG - 99 minutes

Saturday, April 2, 7:15 (PMR)

This four-time Academy Award-winning story based on Alfred Uhry's Pulitzer Prize-winning play chronicles the unlikely bond between a genteel but strong-willed Southern matron (Jessica Tandy) and her good-natured African-American chauffeur (Morgan Freeman). It's a contest of wills as they learn how much they have in common, despite their obvious differences. The bumpy road they travel ultimately leads to the friendship of a lifetime.

Dirty Dancing

1987 - PG13 - 105 minutes

Wednesday, April 6, 7:15 (PMR)

Expecting the usual tedium that accompanies a summer in the Catskills with her family, 17-year-old Frances "Baby" Houseman (Jennifer Grey) is surprised to find herself stepping into the shoes of a professional hooper - and unexpectedly falling in love. The object of her affection? The resort's free-spirited dance instructor (Patrick Swayze). This guilty pleasure became a classic and won an Oscar for Best Song ("I've Had the Time of My Life").

The Pink Panther

2006 - PG - 93 minutes

Wednesday, April 13, 7:15 (PMR)

Bumbling French Inspector Jacques Clouseau (Steve Martin) must solve the murder of a world-famous soccer coach and catch the thief who stole his priceless diamond ring in this prequel to the 1964 classic starring Peter Sellers. Suspects include a gorgeous pop star (Beyoncé), a soccer player and a Chinese assassin. But can Clouseau and his partner, Ponton (Jean Reno), solve the mystery and keep the chief (Kevin Kline) from taking all the credit?

The Young Victoria

2009 - PG - 105 minutes

Saturday, April 16, 7:15 (PMR)

Eighteen-year-old British royal Victoria (Emily Blunt) ascends to the throne and is romanced by future husband Prince Albert (Rupert Friend) in this lush period film that chronicles the early years of the British monarch's larger-than-life reign. Produced by Martin Scorsese and Sarah Ferguson, the Duchess of York, the Oscar-nominated film also stars Miranda Richardson as the Duchess of Kent, Jim Broadbent as King William, and Paul Bettany as Lord Melbourne.

Entrapment

1999 - PG13 - 113 minutes

Wednesday, April 20, 7:15 (PMR)

When retired thief Robert "Mac" MacDougal (Sean Connery) is implicated in the disappearance of a priceless painting, insurance investigator Virginia "Gin" Baker (Catherine Zeta-Jones) sets a trap to catch her suspect. But Gin is not exactly who she seems. Soon, she and Mac have joined forces to pull off -- quite literally -- the heist of the millennium in this lively crime-caper flick from director Jon Amiel.

Black Hawk Down

2001 - UR - 144 minutes

Saturday, April 23, 7:15 (PMR)

When U.S. Rangers and an elite Delta Force team attempt to kidnap two underlings of a Somali warlord, their Black Hawk helicopters are shot down, and the Americans suffer heavy casualties, facing intense fighting from the militia on the ground. Director Ridley Scott (Gladiator) captures the brutal, incessant battle scenes with powerful and intimidating framework and pace in this military drama based on a true story.

Patch Adams

1998 - PG13 - 116 minutes

Wednesday, April 27, 7:15 (PMR)

After spending time in a mental institution, Hunter "Patch" Adams (Robin Williams) decides to become a doctor, based on his light-hearted hypothesis that introducing patients to humor will significantly improve their quality of life. As he embarks on his new career, Adams believes in curing people using laughter rather than cold, analytical processes. But his unconventional healing methods could jeopardize his future in medicine.

Blue Planet: IMAX

1990 - NR - 42 minutes

Saturday, April 30, 7:15 (PMR)

Our big, blue marble is as fragile as it is beautiful. That's the message in this IMAX offering that focuses on Earth from a vantage point 200 miles above, where few have had the opportunity to observe the planet. Highlights include a computer-animated segment about the San Andreas Fault, a time-lapse thunderstorm sequence and the breathtaking opening section, which shows Earth's horizon moving slowly from the bottom of the screen to the top.

Weekly Exercise Classes (PMR)

Every Monday, Wednesday, & Friday
All classes are at 10:00
Exercise classes are held three times a week for all who are concerned about maintaining optimum health. These include stretching and balance exercises, both necessary to help keep the body in good working condition.

Sittercise

Monday, Wednesday, & Friday 10:30
In the Kenduskeag Gathering Place
If gentle exercise is right for you, join this sitting-down class, led by Dirigo Pines staff.

Line Dancing

Every Thursday at 10:00 in the KGP



Organizer Days

April 5th and 19th — see Jean for an appointment

Wii with Kelsey

Monday April 18th—7:15 pm (PMR)

VIOLA—Alterations

Tuesday April —10:00 a.m.
Resource Room

NOTE — Day of the Week Change for Viola!!

Coping Group

Wednesday April 13th—3:00 pm
(Library)

Join Anne Donovan Fortier for help with coping.

Hearing Center (VDO)

Wednesday —April 13th at 2:30

Resident Show & Tell — Antiques or Memorabilia

Friday April 8th—7:15 pm (PMR)

Resident Bud Blumenstock

“From Stump to Ship” - video and discussion

Friday April 15th—7:15 pm (PMR)

Art Class

Every Friday—April 1st, 8th, 15th, 22nd
and 29th (\$10.00 per class)
2:30—4:30 (PMR)

Wear Your Jeans Day

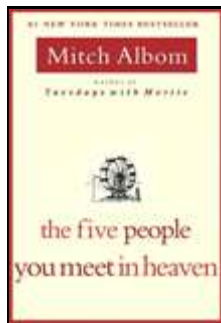
Wednesday —April 6th
Fundraiser for Alzheimer’s

April

April Book Clubs & Groups

Out to Lunch Bunch

Friday April 22nd -Leaving at 11:15
Ichiban



Sadie's Book Club

Thursday April 21st at
2:00 (library)
"The Five People You
Meet In Heaven"

Garden Club

Garden Club Meeting
April 19th at 10:00—(GR)

Cribbage Club

Every other Thursday at 3:00
April 14th & 28th (PP)

Library Committee

1st Thursday—April 7th at
3:30 p.m. (Library)

Field's Pond Book Club

Thursday April 14th—7:00 pm (Library)

Bible Study with Rev. Lorna Grenfell

Every Monday at 3:30 (PP)



Scrabble Group

Every Tuesday at 1:30 (GR) Do you like
friendly word games? Join this group!

Bridge Club

Wednesdays, 3:00
(PP)

All Bridge players are
welcome at this
Wednesday afternoon
group.



Mahjong Club

Mondays, 1:30 (PP) and Fridays 2:00
(PP)

This is an incredibly fun game and easy
to learn. Come let the residents teach
you!

April

April Religious Services



Van departs for Church Services in the local area every Sunday at 9:45

Catholic Communion every Sunday at 10:00

A Catholic Communion Service is offered in the Arbor every Sunday at 10:00.

1st Sunday Service April 3rd, at 2:00

Rev. Lorna Grenfell,
Church of Universal Fellowship (Arbor)

2nd Sunday Service – April 10th, at 2:00

Bill Fink, Inter Church Ministries (Arbor)

3rd Sunday Service – April 17th, at 2:00

Pastor Dave Natale, Faith Baptist Church (Arbor)

Further information on the abbreviations in the Activity Guide:

GR	-	Garden Room
PMR	-	Penobscot Media Room
KGP	-	Kenduskeag Gathering Place
L	-	Library
L & L	-	Lounge & Lobby
MDR	-	Penobscot Main Dining Room
KCK	-	Kenduskeag Country Kitchen
KLR	-	Kenduskeag Living Room
PP	-	Penobscot Parlor (Social Room next to library)
A	-	Arbor
M	-	Meadowbrook Living Room
VDO	-	Visiting Doctor's Office

4th Sunday Service - April 24th, at 2:00

Bill Fink, Inter Church Ministries (Arbor)

Bible Study - Every Monday - 3:30 (PP)

Rev Lorna Grenfell, Church of Universal Fellowship

Bible Study and Hymn Sing Tuesdays, 6:00 pm

Pastor David Natale (Arbor)

**Looking Ahead.....
to May!**

**Canadian/American Center
Lifelight of Maine
Greg Currier Photography
Robin Long—Bone Health
North Country Strings
Dave Demers
Campfire for Alzheimer's
Nancy Tyndall Puppets**

APRIL PHOTO GALLERY



Asa Adams Children—Valentine's Day



Our own magician—Kelsey the Devine!



Ham Scholarship— Fathers of Recipients



Ham Scholarship Recipients



Maggie and BSO Conductor—Reception at DPI



DPI snowshoe group