

Welcome to our January Activity Guide!

This month offers

- *Musical entertainment*
- *Guest speakers*
- *Outings*
- *Movies*
- *Special Events*

See the calendar insert for complete details!

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“Taylored” Thoughts for January

January is the month I always think of the Hudson Avenue bog and skating by the hour. I have talked about skating before and how my dad would always be the first Dad on the street to head to the bog to clear the snow. He knew how I loved to skate! Sometimes the ice would freeze so clear you could see the small plants on the bottom, which to me, as a ten year old, was fascinating.

I remember that I started out with used hockey skates and Dad would lace them up really tightly for me. I could walk from my back yard, through Mr. Lee’s yard and Mr. Crabtree’s yard right to the edge of the bog. It was easier than trying to maneuver down the road in skates, which I did only once and fell and broke my wrist. (But that is another story).

Used skates after used skates, as my feet kept growing and changing. Dad always had a “new” pair of used skates each winter for me. Used skates never deterred me from having the best time on the ice -

Then, when I was about thirteen, I remember a rather big box under the Christmas tree for me. What could it be? Christmas Day revealed a brand new pair of ladies white figure skates!! Brand new!!! They came complete with skate guards (this was after the unfortunate breaking of the wrist) and I couldn’t wait to get them on and get to the bog.

I skated until way past dark that Christmas day, gliding on the ice in my own world I didn’t even care that I was there all by myself, in fact, I liked it that way. I skated with those ladies white figure skates until I was a senior in high school, when suddenly there seemed to be no time for gliding on the ice.

I still think about the joy those skates brought to me and hours and hours of endless enjoyment on the Hudson Avenue bog. Perhaps I should learn to skate again?

Wishing you a happy January.

Juanita

January

Special Events & Guest Speakers

LOTS with Tom Watson

(Looking Over Theatres' Shoulder)

"The Sin of Harold Diddlebock"

Tuesday January 4th—7:15 pm
(PMR)

Discussion Series with Tom & Stan

"Medical Safety with Dr. James Raczek"

Thursday January 6th—7:15 (PMR)

Attorney Jane Skelton

"Long Term Care & Tax Implications"

Monday

January 10th—7:15 (PMR)

Jeff Russell

"Rescuing & Restoring General Patton's
Airplane"

Thursday January 13th—7:15 p.m.
(PMR)

Meet the BSO Conductor

"Meet Lucas Richman"

Wine & Cheese Social — Friday

January 14th 4:00 pm—(KGP)

Laura Flight

"281 Miles of Snowdrifts: Hiking the
Maine Appalachian Trail in Winter"

Monday January 17th—7:15 p.m.
(PMR)

Neil Comins

"What if the Earth Was a Moon?"

Tuesday January 18th—7:15 (PMR)

Dan Bird

"Old Town Fuel and Fiber"

Thursday January 20th—7:15 (PMR)

Dr. Mazie Hough

"Good Samaritan Home"

Tuesday January 25th—7:15 (PMR)

Dr. Rebecca Holberton

"Birds in Maine: What's Blowin' in the
Wind?"

Thursday January 27th—7:15 (PMR)

Out to Lunch Bunch

Ruby Tuesday's

Friday January

21st

Bus Leaves at 11:15



Resident Meetings

Wednesday January 12th—1:30

Penobscot

Wednesday January 19th—1:30

Kenduskeag

January

Musical Events

Julie Monroe—Guitar

Monday January 3rd—Noon (Meadowbrook)

Sam Coltart—Sax Player

Thursday January 6th at
2:00 (KGP)



Joe Weisheit—Piano

Friday January 7th—2:00 pm (KGP)

Opera Night with Tom Watson

“Ariadne auf Naxos” —Saturday January 8th



Clayton Rogers— Piano

Monday January 10th—
Noon (Meadowbrook)

Monday January 10th—2:00 p.m. (KGP)

Jed Profeta

Tuesday January 11th—7:15 pm (KGP)

Nancy Carson—Karaoke

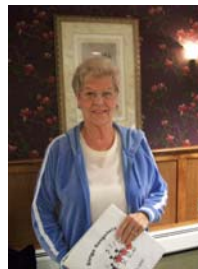
Wednesday January 12th at 2:00 (Arbor)

Judy Faust—Harp

Thursday January 13th at Noon
(Meadowbrook)

Fran & Dave Sing Along

Monday January 17th—Noon
(Meadowbrook)



Song & Dance with Theresa (Karaoke)

Friday January 21st—
2:30 p.m. (Arbor)

Nostalgia with Ed and Kathy

Monday January 24th—Noon
(Meadowbrook)

Fran & Dave—(Folk Singers)

Wednesday January 26th—2:00 pm (A)

Jerry & Friends (piano & singing)

Friday January 28th—3:30 pm (Arbor)

Ed & Kathy—Nostalgia Music

Monday January 24th—Noon
(Meadowbrook)

Songsters

Tuesdays, 3:30 (PMR)

January

January "People's Choice" Movies



Secondhand Lions

2003 - PG - 107 minutes

Saturday, January 1, 7:15 (PMR)

In 1960s Texas, timid teen Walter (Haley Joel Osment) is forced to spend the summer with his rich and eccentric great-uncles (Michael Caine and Robert Duvall) on their farm, where, over time, he learns surprising tidbits about their mysterious and dangerous pasts. Emmanuelle Vaugier plays an Arabian sultan's daughter, with whom Duvall's character fell in love years ago. Kyra Sedgwick co-stars.

Hollywood Musicals of the '40s

1999 - NR - 89 minutes

Wednesday, January 5, 7:15 (PMR)

Celebrate the great Hollywood musicals of the 1940s with this retrospective made up of movie clips, trailers and behind-the-scenes footage. Betty Grable, Bing Crosby, Gene Kelly, Fred Astaire, James Cagney, Judy Garland, Mickey Rooney and more appear in clips from films such as Moon Over Miami, Holiday Inn, Yankee Doodle Dandy, Cabin in the Sky and Easter Parade. The video also includes the World War II bond promotion "Hollywood Victory Caravan."

The Gods Must Be Crazy

1980 - PG - 109 minutes

Wednesday, January 12, 7:15 (PMR)

Three vignettes highlight the surreal in this 1980 classic comedy written and directed by Jamie Uys. Among the three, the one about a Coke bottle falling out of the heavens and becoming a one-of-a-kind object coveted by everyone in a small African village is a cult favorite. The bottle creates such dissension that its finder, N!xau, decides the gods must've been crazy to give such a gift, so he sets out to drop it off the edge of the world.

Barefoot in the Park

1967 - G - 105 minutes

Saturday, January 15, 7:15 (PMR)

Neil Simon's delightful screenplay chronicles the trials of a pair of newlyweds -- stuffed-shirt Paul (Robert Redford) and avant-garde Corie (Jane Fonda) -- attempting to adapt to each other and life in a small Greenwich Village walk-up. Among other things, the Bratters must wrestle with a dysfunctional radiator, a hole in the skylight and a building chock-full of loonies, including a bohemian upstairs neighbor who takes a shine to Corie's mother.

The Usual Suspects

1995 - Rated R For Strong Language
& Sexuality - 106 minutes

Wednesday, January 19, 7:15 (PMR)

When five unacquainted scalwags are hauled into a police station to appear in a criminal lineup, they decide to pull off a heist together. The plan gets complicated, however, when they intermix with an underworld kingpin named Keyser Söze. Gabriel Byrne, Benicio Del Toro, Kevin Pollak, Stephen Baldwin and Oscar-winner Kevin Spacey star in this intricately plotted, critically acclaimed thriller that won another Oscar for Best Screenplay.

Up

2009 - PG - 96 minutes

Saturday, January 22, 7:15 (PMR)

After a lifetime of dreaming of traveling the world, 78-year-old homebody Carl (voiced by Ed Asner) flies away on an unbelievable adventure with Russell, an 8-year-old Wilderness Explorer (Jordan Nagai), unexpectedly in tow. Together, the unlikely pair embarks on a thrilling odyssey full of jungle beasts and rough terrain. Other voices in the Oscar-winning film include the renowned Christopher Plummer and Pixar stalwart John Ratzenberger.

Catch Me If You Can

2002 - PG13 - 141 minutes

Wednesday, January 26, 7:15 (PMR)

Frank W. Abagnale Jr. (Leonardo DiCaprio) is a cunning con man -- posing as a doctor, lawyer and pilot all before turning 21. He's also a deft forger, and his work attracts the attention of FBI agent Carl Hanratty (Tom Hanks), who makes it his mission to put Frank behind bars. But Frank not only eludes capture, he revels in the pursuit, even taking time to taunt Carl by phone. Steven Spielberg directs this comic caper based on a true story.

The Shadow Riders

1982 - PG - 100 minutes

Saturday, January 29, 7:15 (PMR)

After fighting on opposite sides of the Civil War, Mac Traven (Tom Selleck) and his brother, Dal (Sam Elliott), arrive home at the end of the conflict to discover that a band of outlaws has kidnapped their siblings and Dal's feisty sweetheart (Katharine Ross). With help from their uncle (Western stalwart Ben Johnson), whom they break out of jail, Mac and Dal track the rebel guerillas to Mexico in this film adaptation of a Louis L'Amour novel.

Weekly Exercise Classes (PMR)

Every Monday, Wednesday, & Friday

All classes are at 10:00

Exercise classes are held three times a week for all who are concerned about maintaining optimum health. These include stretching and balance exercises, both necessary to help keep the body in good working condition.

Sittercise

Monday, Wednesday, & Friday 10:30

In the Kenduskeag Gathering Place

If gentle exercise is right for you, join this sitting-down class, led by Dirigo Pines staff.

Line Dancing

Every Thursday at 10:00 in the KGP



The Big History with Stan Freeman

Thurs -January 13th 2:00– 4:00 (PMR)

“How Did Everything Begin”

Thurs -January 27th—2:00—4:00 pm

(PMR)

“First Stars & Chemical Elements”

VIOLA—Alterations

Tuesday January 11th & 25th —10:00 a.m.

Resource Room

NOTE — Day of the Week Change for Viola!!

Coping Group

Wednesday January 12th—3:00 pm

(Library)

Join Anne Donovan Fortier for help with coping.

Hearing Center (VDO)

No January Date

Will be here 1st Wednesday in February—

February 2nd at 2:30

Sandy Imondi (VDO)

Organized Solutions

Jan 4th & 18th—8:30-3:30

See Jean to Sign Up!

Pearle Vision (VDO)

Thursday January 27th at 3:00 pm



January

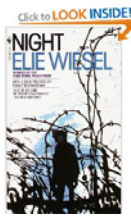
January Book Clubs & Groups

Out to Lunch Bunch

Friday January 21st -Leaving at 11:15
Ruby Tuesdays

Sadie's Book Club

Thursday January 20th at 2:00 (library)
"Night" by Elie Wiesel



Garden Club

No Garden Club Meetings for November, December and January

Cribbage Club

Every other Thursday at 3:00
January 13th & January 27th (PP)

Library Committee

1st Thursday—January 6th at
3:30 p.m. (Library)

Bible Study with Rev. Lorna Grenfell

Every Monday at 3:30 (PP)

Scrabble Group

Every Tuesday at 1:30 (GR) Do you like friendly word games? Join this group!

Joyce Morton Writing Group

All are welcome!
January 5th and 19th — 1:30 pm (PP)



Bridge Club

Wednesdays, 3:00 (PP)
All Bridge players are welcome at this Wednesday afternoon group.

Mahjong Club

Mondays, 1:30 (PP) and Fridays 2:00 (PP)
This is an incredibly fun game and easy to learn. Come let the residents teach you!



January

January Religious Services



Van departs for Church Services in the local area every Sunday at 9:45

Catholic Communion every Sunday at 10:00

A Catholic Communion Service is offered in the Arbor every Sunday at 10:00.

1st Sunday Service January 2nd, at 2:00

Rev. Lorna Grenfell is away
No church service January 2nd

2nd Sunday Service – January 9th, at 2:00

Bill Fink, Inter Church Ministries
(Arbor)

3rd Sunday Service – January 16th, at 2:00

Pastor Dave Natale, Faith Baptist Church
(Arbor)

Further information on the abbreviations in the Activity Guide:

GR	-	Garden Room
PMR	-	Penobscot Media Room
KGP	-	Kenduskeag Gathering Place
L	-	Library
L & L	-	Lounge & Lobby
MDR	-	Penobscot Main Dining Room
KCK	-	Kenduskeag Country Kitchen
KLR	-	Kenduskeag Living Room
PP	-	Penobscot Parlor (Social Room next to library)
A	-	Arbor
M	-	Meadowbrook Living Room
VDO	-	Visiting Doctor's Office

4th Sunday Service - January 23rd, at 2:00

Bill Fink, Inter Church Ministries (Arbor)

5th Sunday Service – January 30th, at 2:00

Eric Martin, Inter Church Ministries
(Arbor)

Bible Study - Every Monday - 3:30 (PP)

Rev Lorna Grenfell, Church of Universal Fellowship

Bible Study and Hymn Sing Tuesdays, 7:00 pm

Pastor David Natale (Arbor)

Looking Ahead..... to February!

Resident Hal Borns
North Country Strings
Dr. Ellie Groden
Penobscot River Restoration
Alan Hutchinson



JANUARY PHOTO GALLERY

