



Inn the Pines

ISSUE 43

SEPTEMBER 2010

This month offers

- *Musical entertainment*
- *Guest speakers*
- *Outings*
- *Movies*
- *Special Events*

See the calendar insert for complete details!

Welcome to our September Activity Guide!

“Taylored” Thoughts for September

I sometimes reflect about people who have come and gone in my life and how they have affected and changed the outcome of who I am. I think everyone with whom I have crossed paths has had some type of effect on me, one way or the other.

Of course, my parents are the first adults to help shape our lives — my father gave me blue eyes and my mother a sense of compassion for the underdog. The next adults that help shape us are teachers — I clearly remember my kindergarten teacher, Mrs. Bartlett. She smelled of powder and always had a hug for me, but even she could not keep me from talking and disrupting the class. My poor mother told her that I had started walking and talking at ten months of age, and that I had not sat down or shut up since!

As we grow, our friends and peers influence us and can shape our mannerisms and beliefs. My friends in school always seemed to accept who I was, but also always seemed to have the willingness to point out the error of my ways, if need be! It seemed we spent a lot of time trying to fit in—that somehow being different was a bad thing!

Inside this Issue

Events & Speakers

Music

Movies

Health

Clubs & Groups

Religious

Calendar

Photos

As I began my way in the world, I realized that some of my old self that had been put aside, really needed to come to the front! I realized for all the effects other folks had on me; it was my parents’ teachings and my belief system that got me through all the tough times. I have often wondered if there was any way I could leave a mark on the world, and I realized that I have done that — by the effect I have on people who have crossed my path. I see my influence in my nieces and nephews and am grateful for the love I can share with them.

Now, I am sharing that love and influence with a grand niece and realize, now that I am much older, that we all make our mark on the world. Not all of us will be a world leader, but we are indeed leaders in our own lives. We are who we are, and I am satisfied with that.

Wishing you good thoughts.

Juanita

ISSUE 43

September Special Events & Guest Speakers

Penobscot Observatory & Fort Knox Trip

Wednesday September 1st
Bus leaves at 12:30
See Jean to Sign Up

Discussion Series with Tom & Stan

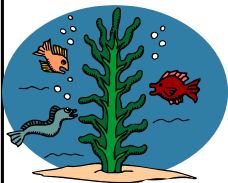
“Chivalry! It’s Not Dead”
Thursday September 2nd—7:15 (PMR)

LOTS with Tom Watson
(Looking Over Theatres’ Shoulder)

“Working—the Musical”
Tuesday September 7th—7:15 pm (PMR)

Ursa Beckford

Bagpiping on the Patio
Saturday September 11th at 1:00



Peter Jumars

“Plankton: Unexpected
Physics of Floating in the
Ocean and Burrowing in
the Seafloor”

Thursday September 16th—7:15 (PMR)

Jim Acheson

“The Lobster Gangs of Maine”
Thursday September 23rd—7:15 (PMR)

Michelle Hood, CEO, EMHS

“Open Forum for Residents”
Monday September 27th—2:00 pm (KGP)

Nathan Freeman

“Merrill Lynch Wealth Management”
Tuesday September 28th —7:15 pm (PMR)

Marlowe Parks

“Judgment Day Has Al-
ready Begun. Will You Be
Able To Stand?”
Thursday September 30th
7:15 pm (PMR)



Out to Lunch Bunch

Beef O’Brady’s
Friday September 17th
Bus Leaves at 11:15



Thomas Hill House & Civil War Museum

“Bus Leaves at 1:00 p.m.”
Wednesday September 22nd

Alzheimer’s Memory Walk

“Team Dirigo Pines”
Saturday September 25th

Hudson Museum Trip

Wednesday September 29th
Bus leaves at 1:00
See Jean to Sign Up

Resident Meetings

Wednesday September 8th—1:30
Penobscot

Wednesday September 15th—1:30
Kenduskeag



September Musical Events



Julie Monroe (guitar)
Tuesday September
7th—Noon
(Meadowbrook)

Song & Dance with Theresa (Karaoke)
Friday September 17th
2:30 pm (Arbor)



Julie Monroe—Guitar
Monday September 20th—
Noon (Meadowbrook)

Dennis McGuire (one man
band)
Wednesday September 8th—
2:00 (KGP)



North Country Strings (cello & Violin)
Tuesday September 21st—7:15 pm (KGP)

Judy Faust (Harp)
Thursday September 9th—Noon—
(Meadowbrook)

Duane Nickerson (guitar)
Wednesday September 22nd—2:00 (KGP)

Sam Coltart—Sax Player
Thursday September 9th—2:00 (KGP)

Jerry & Friends (piano & song)
Friday September 24th
3:30 pm (Arbor)

Opera Night with Tom Watson
“Tristan und Isolde” (Part I)
Saturday September 11th—7:15 (PMR)

Kathy & Ed—Nostalgia Music
Monday September 27th—
Noon (Meadowbrook)

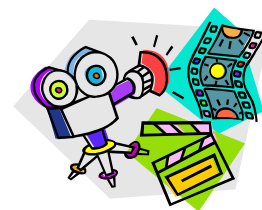


Fran & Dave (Sing Along)
Monday September 13th—Noon
(Meadowbrook)

Songsters
Tuesdays, 3:30 (PMR)
Jerry, Terry, and the Songsters meet every
Tuesday.

Nancy Carson (Karaoke)
Wednesday September 15th—2:00 (KGP)

ISSUE 43



September “People’s Choice” Movies

The Good Shepherd

2006 - 168 minutes - Rated R For Some Violence, Sexuality and Language
Wednesday, September 1, 7:15 (PMR)

Matt Damon and Robert De Niro (who also directs) star in this partially fact-based drama that examines the early history of the CIA as seen through the eyes of a dedicated agent: upstanding, sharp-minded Yale student Edward Wilson (Damon). Wilson is recruited to work for the fledgling CIA during World War II, but the job soon begins to erode his ideals, filling him with distrust and destroying his personal life.

The Princess and the Frog

2009 - 98 minutes - Rated G
Saturday, September 4, 7:15 (PMR)

Down in New Orleans during the fabulous Jazz Age, young Princess Tiana (voice of Anika Noni Rose) searches for true love and comes face-to-face with snooty debutante Charlotte (Jennifer Cody), ancient voodoo priestess Mama Odie (Jennifer Lewis) and the evil Dr. Facilier (Keith David). But with the help of her mother (Oprah Winfrey), a crooning alligator and other friends, Tiana's fairy-tale dreams may come true after all in this Oscar nominee.

Did You Hear About the Morgan's?

2009 - PG-13 - 103 minutes
Wednesday, September 8, 7:15 (PMR)

After witnessing a murder, high-powered -- and estranged -- wife Meryl (Sarah Jessica Parker) and husband Paul (Hugh Grant) Morgan must say goodbye to sophisticated Manhattan when they enter the witness protection program together and land in Wyoming. At odds, they attempt to adjust to small-town life in this charming comedy that also stars Sam Elliott, Mary Steenburgen and Elisabeth Moss. Marc Lawrence (Two Weeks Notice) writes and directs.

Three Coins in the Fountain

1954 - 102 minutes - Not Rated
Wednesday, September 15, 7:15 (PMR)
Three American women (Dorothy McGuire, Jean Peters and Maggie McNamara) pin their hopes for

love on wishes they make as they toss coins into the famous Trevi Fountain in Rome. Their wishes come true ... but only in a way that writer John H. Secondari (who wrote the novel on which the film is based) could have imagined! Frank Sinatra croons the title tune, which won an Oscar for Jule Styne and Sammy Cahn in 1954. Jean Negulesco directs.

And Then There Were None

1945 - 97 minutes - Not Rated
Saturday, September 18, 7:15 (PMR)

In this adaptation of Agatha Christie's classic murder mystery *Ten Little Indians*, an enigmatic, unknown host invites 10 strangers to a remote island mansion, where the guests discover there's a killer among them. The cast, headed by Barry Fitzgerald and Walter Huston, begins to shrink one by one, keeping the audience guessing until the credits roll. Director René Clair delivers a stimulating dose of suspense to Christie's work.

Behind Enemy Lines

2001 - 105 minutes - Rated PG-13 For War Violence and Language
Wednesday, September 22, 7:15 (PMR)

While flying a routine reconnaissance mission over Bosnia, fighter pilot Chris Burnett (Owen Wilson) photographs something he wasn't supposed to see and gets shot down behind enemy lines, where he must outrun an army led by a ruthless Serbian general. With time running out and a deadly tracker on his trail, Burnett's commanding officer (Gene Hackman) decides to risk his career and launch a renegade rescue mission to save his life.

The Aviator

2004 - 170 minutes - Rated PG-13 For Sexual Content, Nudity, and Language
Saturday, September 25, 7:15 (PMR)

Martin Scorsese directs this Best Picture nominee about eccentric tycoon Howard Hughes (Leonardo DiCaprio), who turned a small fortune into a massive one by producing such classics as *Hell's Angels*, *The Front Page* and *Scarface*. He simultaneously branched into and transformed industry after industry -- including aviation. The film won five Oscars, including Best Cinematography,

ISSUE 43

September Health, Wholeness and Fun

Art Direction and Supporting Actress (Cate Blanchett).

Deep Sea: IMAX

2006 - Rated G - 41 minutes

Wednesday, September 29, 7:15 (PMR)

Narrated by Academy Award nominees Johnny Depp and Kate Winslet and produced by the makers of the IMAX movie Into the Deep, this stunning film is an exploration of the world beneath the sea and its bizarre and exotic inhabitants. From, translucent jellyfish to giant octopuses to scorpion fish, viewers will be introduced to a host of unique creatures, all completely dependent on one another for their survival.



Movie Committee News

Feel free to submit any movie suggestions to Juanita — we have a new “People’s Choice” Movie Committee!!

Weekly Exercise Classes (PMR)

Every Monday, Wednesday, & Friday
All classes are at 10:00

Exercise classes are held three times a week for all who are concerned about maintaining optimum health. These include stretching and balance exercises, both necessary to help keep the body in good working condition.

Sittercise

Monday, Wednesday,
& Friday 10:30

In the Kenduskeag Gathering Place

If gentle exercise is right for you, join this sitting-down class, led by Dirigo Pines staff.



Line Dancing

Line Dancing is back! Every Thursday at 10:00 in the KGP

VIOLA—Alterations
Monday September 6th
and September 20th—
10:00 a.m.
Resource Room



Coping Group

Wednesday September 8th—3:00 pm
(Library)

Join Anne Donovan Fortier for help with coping.

Hearing Center (VDO)

Wednesday September 8th—2:30 pm



Pearle Vision (VDO)
NO SEPTEMBER DATE

ISSUE 43

September Book Clubs & Groups

Megan's Book Club

September 29th—2:00 pm—Library

Out to Lunch Bunch

Friday September 17th -Leaving at 11:15

Beef O'Brady's in Brewer

Garden Club

No Garden Club Meeting in September



Cribbage Club—Every other

Thursday at 3:00

September 9th and September 23rd
(PP)

Library Committee 1st Thursday—September
2nd at 3:30 p.m. (Library)

Bible Study with Rev. Lorna Grenfell

Every Monday at 3:30 (PP)



Scrabble Group—Every Tuesday at 1:30

(GR) Do you like friendly word games? Join this group!

Bridge Club Wednesdays,

3:00 (PP)

All bridge players are welcome at this Wednesday afternoon group.



Mahjong Club Mondays, 1:30 (PP) and Fridays

2:00 (PP)

This is an incredibly fun game and easy to learn. Come let the residents teach you!

Wii with Kelsey

Tuesday September 21st (Kenduskeag Living Room) 1:30—2:0 p.m.

Come have some fun with bowling, tennis, golf or other sports.





September Religious Services

Van departs for Church Services in the local area every Sunday at 9:45

3rd Sunday Service – September 19th, at 2:00

Pastor Dave Natale, Faith Baptist Church (A)

Catholic Communion every Sunday at 10:00

A Catholic Communion Service is offered in the Arbor every Sunday at 10:00.

4th Sunday Service - September 26th, at 2:00 Bill Fink, Inter Church Ministries (Arbor)

Catholic Mass,

No Catholic Mass Offered Until Further Notice due to Retirement of Priest

1st Sunday Service – September 5th, at 2:00

Rev. Lorna Grenfell,
Church of Universal Fellowship (Arbor)

Bible Study - Every Monday 3:30 (PP)

Rev Lorna Grenfell, Church of Universal Fellowship

2nd Sunday Service –September 12th, at 2:00

Bill Fink, Inter Church Ministries (Arbor)

Bible Study and Hymn Sing Tuesdays, 7:00 pm

Pastor David Natale (Arbor)

SPECIAL EVENT NOTIFICATION:

Looking Ahead.....to October

Michelle Hood, President and CEO of EMHS will be at Dirigo Pines on Monday September 27th at 2:00 Join her in the KGP for an Open Forum with Residents “What’s happening at EMHS?”

**Donna Loring
Hawk Henries—Didgeridoo
Jed Profeta Sings Sinatra
Two for Tea—Music
Dr. Robert Clough
Puppeteer Nancy Tyndall
Field’s Pond Audubon**



SEPTEMBER PHOTO GALLERY

