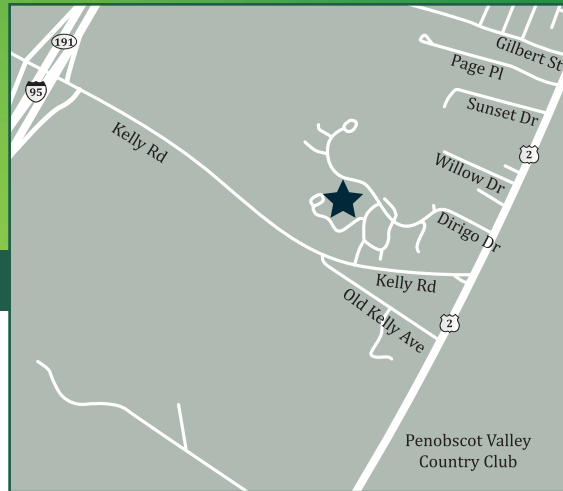


## WELCOME TO DIRIGO PINES

Set in the college town of Orono, Maine, just 15 minutes from Bangor and an hour away from breathtaking Acadia National Park, Dirigo Pines brings the best of Maine home. From symphony concerts to sporting events, to parks, lakes, and nature preserves, we offer small-town living, connected to a world of adventure. We invite you to retire in a friendly and caring environment, with the housing option best suited to your lifestyle.

*"I really enjoy my interaction with the other retirees! There are a lot of accomplished intelligent residents living here."*

- Hal, Dirigo Inn Resident



## LIVING WELL. *Aging Gracefully.*

Our *Aging Gracefully* approach to senior living focuses on quality of life through whole person wellness. Programming incorporates activities promoting physical and mental health to support the entire individual. That is the platform upon which family members and staff alike help our residents enjoy every day.



9 Alumni Dr • Orono, ME 04473  
**866-344-3400**  
[www.dirigopines.com](http://www.dirigopines.com)



# DIRIGO PINES



*Come Home to the Best of Maine*

# LIFESTYLE OPTIONS AT DIRIGO PINES



## Cooperative Ownership Cottages

Customize your duplex style cottage home and enjoy the benefits of home ownership without the hassles of maintenance. Each cooperative ownership cottage has a living room, dining area, fully applanced kitchen, master bedroom with walk-in closet, guest bedroom, two baths, screened-in porch, and attached garage. Monthly fee includes cable TV, Internet, grounds keeping, snow plowing, trash removal, and building repairs and maintenance.

## Independent Living Apartments at Penobscot Commons

Choose from five apartment styles designed for comfort and convenience. The flexibility of monthly apartment rental includes:

- Daily dinner and continental breakfast plus Sunday Brunch
- Wellness programs
- Scheduled group transportation
- LiveSAFE emergency response system
- Weekly housekeeping
- Cable TV, WiFi and basic utilities
- Social, recreational and cultural programs

If needed, Caring Assistance Services are available at an additional cost.

## Supportive Services

Our assisted living, specialized care, and memory care residents enjoy life-enhancing services and amenities including:

- Three nutritious and delicious daily meals
- 24-hour on-site care associates
- Medication administration and monitoring
- Linen and laundry service
- Wellness programs
- On-site emergency response system
- Routine housekeeping
- Scheduled transportation
- Social, recreational, and cultural programs
- Utilities, including cable TV, heat, air conditioning, and electricity

## Graceful Stays for Short Term Respite Care

Our *Graceful Stays* are a short-term solution for family caregivers when they are away and an attractive option for a little extra support while transitioning home from rehab. With a *Graceful Stay* our guests can experience all of the benefits of community living without a long-term commitment. Participate in our enriching activities program, enjoy our delicious cuisine and get to know your neighbors.

## Assisted Living Apartments at Kenduskeag Commons

Enjoy a little support when needed in Kenduskeag Commons. Our assisted living apartments offer a variety of one-bedroom, one bath floor plans with kitchenette, and include basic care assistance (bathing and dressing), medication management and monitoring up to three times daily.

## Specialized Care Neighborhood at Meadowbrook Commons

Meadowbrook Commons offers a higher level of personal care for those who need more assistance with activities of daily living. Our care associates are available 24-hours a day to provide therapeutic assistance as needed.

## Memory Care at The Arbor

The Arbor memory care neighborhood is specially designed for individuals with Alzheimer's or related dementias. Our **Village Program** offers personalized programming intended to engage residents in activities that reflect their preferred schedules, lifestyles and interests. We REFLECT on past accomplishments and who are residents were in the early years. We REJOICE in the success experienced each day. We RENEW their spirits every day.